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Children's Unit 1

All Kinds of Families

Total Time: 1.5 Hours

PART 1: Ice Breaker

PART 2: All Kinds of Families

PART 3: My Family

ANNEXURE 1: Thinking about Families

Part 1: Ice Breaker

Time:

15-20 Minutes

Objective:

Participants will further build their relationship with group members by sharing positive thoughts with each other.

Materials:

None

Techniques:

Ice Breaker

TRAINER INSTRUCTIONS:

1. Divide the group into pairs and ask each pair to take turns talking about three things for which they are grateful for.
2. If time permits, allow a few pairs to share what they discussed with each other.

Part 2: All Kinds of Families

Time:

45 Minutes

Objective:

Participants will reflect on the many types of families.

Materials:

- Marker Board or Chart Paper, markers
- Annexure 1: Thinking About Families

Techniques:

- Group Discussion

TRAINER INSTRUCTIONS:

1. State that we are going to talk today about the many kinds of families. Some of you will return to your families at some time, some will be adopted, and some will grow up in the children's home, but you will all grow up with LOVE.
2. Facilitate a discussion around the concept that children grow up in many different ways - -- ask the group to think of the many types of families. (Brainstorm and put list on board or paper)
3. Be sure to include the following if the group hasn't mentioned them:
 - Some live with their first mother and father
 - Some children have only one parent
 - Some children live with another relative or friend
 - Sometimes children do not have any adults to help them
 - Some children live and grow up with lots of other kids in a Children's Home

- Some children are adopted into families where they finish growing up
4. Explain that we don't understand why things happen, but it is the destiny of some children to live in Children's Homes, while others live with their families, and others are adopted.
 5. Distribute Annexure 1 and give the group time to answer the questions individually and privately.
 6. When everyone is finished, invite members to share their responses if they are comfortable and write them on the board. Discuss the responses.
 7. Emphasize that wherever a child lives, in whatever type of family, ALWAYS REMEMBER, every single person in this world is invited to love, to enjoy those around them, to be of service, and to make a good life for themselves.

Part 3: My Family

Time:

20-30 Minutes

Objective:

Participants will have the opportunity to think about their family experiences.

Materials:

- Paper, colored markers

Techniques:

- Art Activity
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TRAINER INSTRUCTIONS:

1. End the session with a reminder that it is the destiny of some children to live in children's homes, while others live with their families, and others are adopted. Remember, a family is a group of people who love each other, care for each other, and support each other, and this can happen in all kinds of families.
2. Invite the participants to draw a picture of their family, however they wish to define it.
3. Allow the group to share their drawings if they wish.
4. Gather the drawings as these will be included in their Life Books in the next session.

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Unit 1 Annexures

All Kinds of Families

ANNEXURE 1: Thinking about Families

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Annexure 1: Thinking about Families

When I dream of a family, here's what I picture:

Here's what I think would be hard about living in a family:

Here's what I think would be nice about living in a family: